

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
28	29	30	31	1	2	3	
4	5	6 5PM-7 DDO	7	8 5PM-6* DDO	9	10	
11 9:50AM-10:40 DDO	12	13 5PM-7 DDO	14	15 5PM-6* DDO	16	17	
18 9:50AM-10:40 DDO	19	20 5PM-7 DDO	21	22 5PM-6* DDO	23	24	
25 9:50AM-10:40 DDO	26	27 5PM-7 DDO	28	29 5PM-6* DDO	30	1	
2	3	Notes *stay 30 minutes after practice for dryland training					

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2 9:50AM-10:40 DDO	3	4 5PM-7 DDO	5	6 5PM-6* DDO	7	8
9 9:50AM-10:40 DDO	10	11 5PM-7 DDO	12	13 5PM-6* DDO	14	15
16 9:50AM-10:40 DDO	17	18 5PM-7 DDO	19	20 5PM-6* DDO	21	22
23 9:50AM-10:40 DDO	24	25 5PM-7 DDO	26	27 5PM-6* DDO	28	29
30 9:50AM-10:40 DDO	31	Notes COMPÉTITION LILIANE-LAMBERT 15 OU 16 OCTOBRE *stay 30 minutes after practice for dryland training				

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 5PM-7 DDO	2	3 5PM-6* DDO	4	5
6 9:50AM-10:40 DDO	7	8 5PM-7 DDO	9	10 5PM-6* DDO	11	12
13 9:50AM-10:40 DDO	14	15 5PM-7 DDO	16	17 5PM-6* DDO	18	19
20 9:50AM-10:40 DDO	21	22 5PM-7 DDO	23	24 5PM-6* DDO	25	26
27 9:50AM-10:40 DDO	28	29 5PM-7 DDO	30	1	2	3
4	5	Notes COMPÉTITION C'EST L'FUN 12 OU 13 NOVEMBRE COMPÉTITION LILIANE-LAMBERT 26 OU 27 NOVEMBRE *stay 30 minutes after practice for dryland training				

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 5PM-6* DDO	2	3
4	5	6 5PM-7 DDO	7	8 5PM-6* DDO	9	10
11 9:50AM-10:40 DDO	12	13 5PM-7 DDO	14	15	16	17
18	19	20	21	22 5PM-6* DDO	23	24
25	26	27 5PM-7 DDO	28	29 5PM-6* DDO	30	31
1	2	Notes *stay 30 minutes after practice for dryland				

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 5PM-6* DDO	6	7
8 9:50AM-10:40 DDO	9	10	11	12 5PM-6* DDO	13	14
15 9:50AM-10:40 DDO	16	17	18	19 5PM-6* DDO	20	21
22 9:50AM-10:40 DDO	23	24 5PM-7 DDO	25	26 5PM-6* DDO	27	28
29 9:50AM-10:40 DDO	30	31 5PM-7 DDO	1	2	3	4
5	6	Notes COMPÉTITION C'EST L'FUN 14 OU 15 JANVIER *stay 30 minutes after practice for dryland				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2 5PM-6* DDO	3	4
5 9:50AM-10:40 DDO	6	7 5PM-7 DDO	8	9 5PM-6* DDO	10	11
12 9:50AM-10:40 DDO	13	14 5PM-7 DDO	15	16 5PM-6* DDO	17	18
19 9:50AM-10:40 DDO	20	21 5PM-7 DDO	22	23 5PM-6* DDO	24	25
26 9:50AM-10:40 DDO	27	28 5PM-7 DDO	1	2	3	4
5	6	Notes COMPÉTITION LILIANE OU LAMBERT 4-5 FEVRIER *stay 30 minutes after practice for dryland				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2 5PM-6* DDO	3	4
5 9:50AM-10:40 DDO	6	7 5PM-7 DDO	8	9 5PM-6* DDO	10	11
12 9:50AM-10:40 DDO	13	14 5PM-7 DDO	15	16 5PM-6* DDO	17	18
19 9:50AM-10:40 DDO	20	21 5PM-7 DDO	22	23 5PM-6* DDO	24	25
26 9:50AM-10:40 DDO	27	28 5PM-7 DDO	29	30 5PM-6* DDO	31	1
2	3	Notes COMPÉTITION 8 ET 9 ANS LE 4 OU 5 MARS COMPÉTITION LILIANE-LAMBERT 18 OU 19 MARS *stay 30 minutes after practice for dryland training				

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2 9:50AM-10:40 DDO	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	Notes COMPÉTITION LES JEUX DE MONTREAL 2 AVRIL				